



Virden and District Settlement Services Newsletter

APRIL
2013

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Settlement Service Office Hours for April 2013

1PM – 4PM: MONDAY - FRIDAY

BY APPOINTMENT! PLEASE GIVE US A CALL.

We are now serving Hamiota – every 3rd Thursday of each month (1PM – 4PM) at the Hamiota Municipal Building – 75 Maple Avenue E.

Next Date in Hamiota: April 18, 2013.

Taking the IELTS EXAMS soon? –

ACC will be offering English testing once a month starting in **April 2013**

Assiniboine Community College has become an official testing centre for the International English Language Testing System in Brandon.

To register for the IELTS, call ACC at 204-725-8700 ext. 6125.

Need help getting those work permits renewed? How about your visitor's records and other Immigration documents? Give us a call at the Settlement Office. We can help!!

Are you interested in going back to school? Check out

*http://www.gov.mb.ca/employment/jobs_careers.html
Employment Manitoba may be able to assist you!!*



DO YOU KNOW?

Human Trafficking is ALIVE and WELL. It's thriving globally, nationally, and locally. If you are aware of this in your community, please: **Remain Vigilant, Educate Others, Report Suspicions, Ask Questions!!**

DO NOT FORGET....CALL YOUR LOCAL POLICE DEPARTMENT!!

Important Facts: How do we prevent Bed Bugs?

- + Check mattresses regularly for signs of infestations.
- + Wash bed sheets and clothing in hot water, and dry in a hot dryer for at least 30 minutes medium to high heat
- + Change bed sheets at least once a week

MEET THE WU FAMILY



Wei and Ling Wu are proud parents of Ansel (13 years old) and Amy (6 years old). Both Children were born in Canada, but Wei and Ling came here from China in 1998. They are the proprietors of the W & L Chinese Family Restaurant in Virden, MB, since 2001.

STAYING HEALTHY IS IMPORTANT!!

SPAGHETTI PIE



Filling:

3 eggs, beaten
 1 cup sour cream
 1/2 cup Parmesan Cheese
 1 cup Mozzarella Cheese
 1 lb Spaghetti Noodles, cooked and cooled

Mix eggs, sour cream and cheeses well. Toss in noodles. Place in a greased 13X9 casserole dish.

Sauce:

1 1/2 lbs Ground Chuck, seasoned with salt, pepper and garlic powder, browned and drained
 1 - 24oz can Spaghetti Sauce, your choice
 1 - 12oz can diced tomatoes, drained
 1/2 tsp basil

Upcoming Events

April 13 – Puppeteering Workshop: Ages 8 – 12
 CP Station, 1 – 4PM

April 18 – Open House: HAMIOTA! 5-8PM

April 27 – Paint a Picture with Bill Andrews
 CP Station, 9:30AM – 4:30PM

April 30 – Last day to submit your **Income Tax**

DON'T BE LATE!! If you need assistance, please call the office and we can find you that assistance.