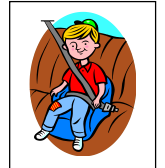


# Virden and District Settlement Services Newsletter

## July 2012



July 1 is Canada Day and Canada's 145<sup>th</sup> birthday.  
Watch for extreme weather conditions in July.



Canadian Law - Babies and children who are too small to wear seat belts must be placed in properly installed infant or child car seats, appropriate to the age and weight of the child.



**July 1 Celebrations – Victoria Park**  
**Antique Care Parade – 2 pm**  
**Local Entertainment – 3pm**  
**Opening Ceremonies – 6 pm**

**Brad Johner and Band – 7 pm**  
**Fireworks – 10:30 pm**

Free Canada Day Birthday Cake  
**Riding Mountain National Park –**  
**Parks Day – July 21**

Family fun in the park. Join a wagon train to the POW camp, activities, music, food and fun.

**Manitoba Youth Job Center** . - FREE screening and referral service for Summer Students. If you need to hire a student or have a student who needs work

**Assiniboine Park Website:**

<http://www.assiniboinepark.ca/attractions>



### Settlement Service Office

I have resigned from my position of Settlement Services Facilitator. A new facilitator will be announced soon. Please watch and welcome my replacement. I will still be in Virden and hope to see you around town. I will miss the many new people I have gotten to know but hope to see you at Virden events. All the best to you all. Marian

Virden & District Settlement Services Facilitator  
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Virden and Area Tourist Booklet – available at tourist booth or VESC office

### Upcoming Events

July 1 – Canada Day – many retail businesses are not open

July 5, 19, 26 – Music in the Park

July – Virden Agricultural Fair

July 21 – Parks Day (Riding Mountain National Park)

**Virden Pool Hours – July 2<sup>th</sup> – August 29<sup>th</sup>**

**Weekdays (Monday to Friday**

**Weekends (Saturday and Sunday)**

6:30am-9:00am – Lap Swim

**June 11<sup>th</sup> – August 28<sup>th</sup>**

9:00am – 12:00pm – Swimming Lessons

1:00pm -8:00pm Public

Swim

12:00pm-1:00pm (Monday, Wednesday,

Friday) – Lap Swim/ Aqua Fit

1:00pm- 4:00pm – Public Swim

**\*\*HOLIDAY HOURS**

**SUBJECT TO**

4:00pm – 6:30pm – Swimming Lessons

**CHANGE\*\***

6:30pm-8:30pm – Public Swim

8:30pm-9:30pm – Aqua Fit/Lap Swim

### Summer Recipe: Sweet Summer Smoothie

1 cup vanilla yogurt

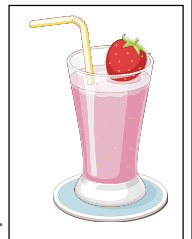
1/2 cup strawberries

1/2 cup peach slices

1/2 medium banana, peeled

1/2 cup milk

Place all ingredients in a blender process until smooth and serve immediately.



**Virden and District Chamber of Commerce Website –**  
**[www.virdenchamber.ca](http://www.virdenchamber.ca) Check out the new website**  
**and find Settlement services information under the**  
**Community heading.**